

ADDITIONAL INFORMATION FOR DIABETES CAMPERS/JR COUNSELORS

FORMS: Please remember to complete all forms and bring them to camp with your camper.

MEDICATION: Bring only enough for the week. All medications must be in the original bottle with a prescription label having current dates, doctor's name and child's name. Any medication left after camp will be kept at Tanager Place for one week and then disposed of. **NOTE: If your camper has been prescribed an Epipen or Epipen Jr, please be sure to send this with them to camp.** This medication will not be provided if needed this year.

CONTACT: If you move or change your phone number, be sure to inform the camp secretary at (319) 365-9164 immediately.

DROP OFF AND PICK-UP: Parent or Legal Guardian must bring their child to camp on the opening day of the session. Please refer to your letter for arrive and pickup times.

OTHER ITEMS:

- Camp Tanager is not responsible for lost or stolen items. Please do not send electronics or other items that cannot be easily replaced or cleaned.
- Supper will NOT be served to registering campers. Please make sure your child has eaten supper before arriving at camp.
- Pillows, sheets and blankets are provided for each camper during their stay.
- Mail sent to campers should be addressed to: Camp Tanager, 1614 W. Mt. Vernon Road, Mt. Vernon, IA 52314. Or you can send an email through the Camp Tanager website at www.camptanager.org. If your child would like to write home during their stay at camp, please send stamped, addressed envelopes or postcards so your camper can write to you.
- If you require further information prior to your child's session, please contact Karen Takes at 319-365-9164, ext. 333 or email ktakes@tanagerplace.org, or Donald Pirrie, Camp Director at 319-363-0681 or email at dpirrie@tanagerplace.org.
- Please note – transportation is not provided to and from camp.

ALL CAMPERS SHOULD BRING THE FOLLOWING ITEMS (clearly marked with the child's name):

5 pairs jeans and shorts
1 jacket/sweatshirt
2 pairs shoes
5-7 changes of underwear
1 swim suit
1 pair pajamas
5 short-sleeved tops
1 long-sleeved top
5-7 pairs socks
clothes bag

toothbrush, toothpaste & comb
shampoo, soap & soapdish
flashlight (optional)
sleeping bag
towel and wash cloth
beach towel
old shoes (wading)
bug repellent
sunscreen

VERY IMPORTANT: All insulin, BG meters, and testing supplies will be provided to campers at no cost. Insulin pump and CGM users, please don't forget to bring your pump and CGM supplies!!!

PLEASE POST THIS SHEET ON YOUR REFRIGERATOR!